

Preparing for a Physical Therapy Evaluation

First, you will need a referral from your doctor in order for us to perform the physical therapy evaluation. After the doctor writes a prescription:

- Call our Aiken office at **(803)-642-0700** or our Lexington office at **(803)-356-4782** to schedule a physical therapy evaluation.
- Your child's evaluation will last approximately one hour.

What do I need to do before my child's physical therapy evaluation?

- It may be a good idea to arrange childcare for your other children so you can participate in the evaluation with your child without any distractions.
- Complete the patient intake form which can be found in the top right hand corner of our website or on the resources page of our website.
 - Please answer all questions as thoroughly as you possibly can.
 - If you do not know the answer to a question you can speak with your physical therapist and they will help you to answer them.
 - List any other concerns you have with your child and please bring them up to your physical therapist so they can be properly addressed.
 - Bring this form with you to the evaluation.
- Bring these items with you to the evaluation
 - Any medical records or other therapy evaluations that may be relevant to your child's physical therapy evaluation.
 - A list of any medications your child takes with the dosage and frequency that they take these medications.
 - Make sure you have a copy of your insurance card and driver's license so we can keep them on file.
 - Please make sure your child dresses in comfortable clothes to allow them to move easily.

What will my child's evaluation include?

- We will speak with you and your child about their medical history and specific movement difficulties to help determine the best course of treatment.
- We will perform an evaluation, which includes tests to learn more about the difficulties your child is having. More specifically, we will determine if your child is having problems in the following areas:
 - Developing appropriately
 - Range of motion
 - Muscle strength
 - Muscle tone and stiffness (spasticity)
 - Motor skills
 - Balance
 - Coordination
 - Reflexes
 - Gait (walking), climbing stairs, running, etc.

- We will assess if your child would benefit from any orthotics or other assistive devices
 - Hanger orthotics and prosthetics works in conjunction with our therapists to meet the needs of children.

Our therapists will thoroughly address your child's needs. As a result, a follow-up appointment may be necessary. We will answer all additional questions you have and create a personalized plan-of-care for your child. Our therapist will recommend a frequency and duration for your child's therapy. Authorization may be needed from your insurance provider to schedule subsequent visits.

If you have additional questions, call the clinic in which your child will be evaluated and we will be happy to answer any of your concerns.