

Cognitive Skills Milestones

Listed below are some average milestones that children accomplish in various age brackets. All children develop at their own pace, so this is only meant as a guide, but if you have concerns about your child's development please see your Pediatrician.

Birth to 3 months:

- Briefly looks at people/ objects
- Alerts to sound
- Brings hand to mouth
- Uses limited variety of vocal sounds

3 to 6 months:

- Turns head to direction of sound
- Repeats accidental movements
- Recognizes familiar people and routines
- Alternates gaze between objects
- Reaches and grasps

6-9 months:

- Searches for partially hidden object
- Imitates familiar actions and sounds
- Looks and acts to repeat games
- Tracks and localizes object

9-12 months:

- Searches for hidden object
- Experiments with vocal sounds
- Uses action with toys
- Engages in container play (pots/pans or Tupperware)
- Imitates visible actions, familiar games

1- 1.5 years old

- Represents functional use of objects
- Uses trial and error
- Uses early words
- Imitates new words and gestures
- Understands words and gestures
- Searches systematically for hidden objects

1.5 -2 years old:

- Uses problem solving skills
- Participates in conversations

- Engages in representational play
- Places shapes in form board
- Identifies body parts

2-3 years old:

- Matches objects and shapes
- Points to one and many